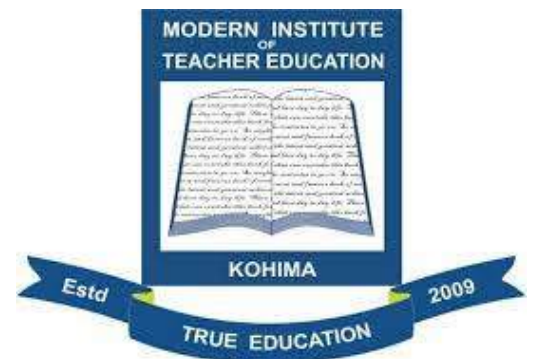


BIMONTHLY  
BULLETIN

MODERN  
INSTITUTE OF  
TEACHER  
EDUCATION  
KOHIMA, NAGALAND



.....

**COMMIT TO THE LORD  
WHATEVER YOU DO, AND HE  
WILL ESTABLISH YOUR PLANS.  
PROVERBS 16:3**

MARCH 2022

# CONTENTS

- Events and Activities
- Poetry and Art
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# EDITORIAL NOTE

We are pleased to present you the 2nd issue of our Bi Monthly Bulletin. We initiate and produce this publication as a milestone to mark our growth, reflect on beautiful activities, acknowledge the expanse of creative talents and to stay connected.

Having something that inspires you to keep going becomes an inspiration to others. The editorial team values its contributors. We extend our sincere thanks and encourages everyone to keep rowing the creative boat.

As you join us as readers, we have hope that this bulletin would energize you with acuity and inspiration.

Happy reading and viewing!

The Editorial Team

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## EVENTS AND ACTIVITIES

**10th December 2021:** MITE celebrated its 9th graduation day for the batch of 2019-2021. Shri Shanavas C, IAS, Principal Director, School of Education, graced the occasion as the special guest.

**13th December 2021:** The literary club organized its annual Literary Day. The day was based on the theme **AD MELIORA**- Towards Better Things, wherein various competitions such as poetry recitation, extempore speech, duet, spelling bee, painting and essay writing were conducted. The winners were awarded with gifts and certificates.

**15th December 2021:** The College began its winter break.

**17th January 2022:** The College commenced its academic session.

**29th January 2022:** The Governing Body of MITE held its annual meeting. The annual report was presented by Principal, Dr. Kate Dandesh Kumar. The board members also deliberated on the need for NAAC Assessment and Accreditation to be carried out at the earliest.

**7th February 2022:** A youth orientation programme on 'Atma Nirbhar Bharat' was held at MITE. It was organized by Keze Society, Kohima, and sponsored by Nehru Yuva Kendra Sangathan (NYKS), Kohima. The Director in-charge of NYKS, John Makhabo in his introduction highlighted the contributions of NYKS and encouraged the participants to start small scale industries. Later, the presentation on the topic 'entrepreneurship' was delivered by Dr. Velankanni Alex, Asst. Professor, MITE.

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## EVENTS AND ACTIVITIES

**11th February 2022:** An awareness programme on HIV, TB & Blood Donation was conducted by MITE in collaboration with Nagaland State AIDS Control Society. Mrs. Sentimongla Tzudir, DPO DAPCU, Mr. Avilie Sekhose, Asst. Director (SIMU) NSACS & Finance Secy. VDBAK and Mr. Vituozolie Kuotsu DIS DAPCU were the resource persons.

**28th February 2022:** National Science Day with the theme "Integrated Approach in Science and Technology for Sustainable Future" was observed. The programme was successfully conducted which was organized by the Ecological Club.

## To Escape or To Change

Some voices are negative ones.  
Escape from alien's fate that consumes  
you.

Escape from those manipulating and  
worthless voices that trouble you.

Escape from those unhealthy voices  
demeaning you.

For they are just a stony and thorny  
path on your way.

Trust yourself, close the door to all  
deceiving voices.

Then finally set yourself free and soar  
high.

Some voices are positive ones.  
Change from being "I know it all" kind  
of person.

Change from the misconception of  
being self righteous always.

Change from being ignorant to  
renewing oneself for good.

For those are the voices that keeps you  
from becoming a better version of  
yourself.

Don't always lean on your own  
understanding but be discerning in  
studying all matter.

Then finally change to excel and soar  
high.

W Jatom Nginnon Konyak  
3rd Semester

## Morbid Covid

Covid was and is morbid,  
A memory that stay vivid.

Too many loss,  
A death trial on the loose.

Wailing and screaming,  
pain and aching.

So much happened,  
memories has deepened.

However, bleak and sad,  
it is not all black and bad.

Humanity restored,  
services rendered.

From foes to friends,  
rebinding loose ends.

The world finds a way,  
to keep growing and stay.

**Dzieseneituo-ü Suohu**  
**3rd Semester**



**Beauty in  
Simplicity**

Mukamchin H.  
3rd Semester



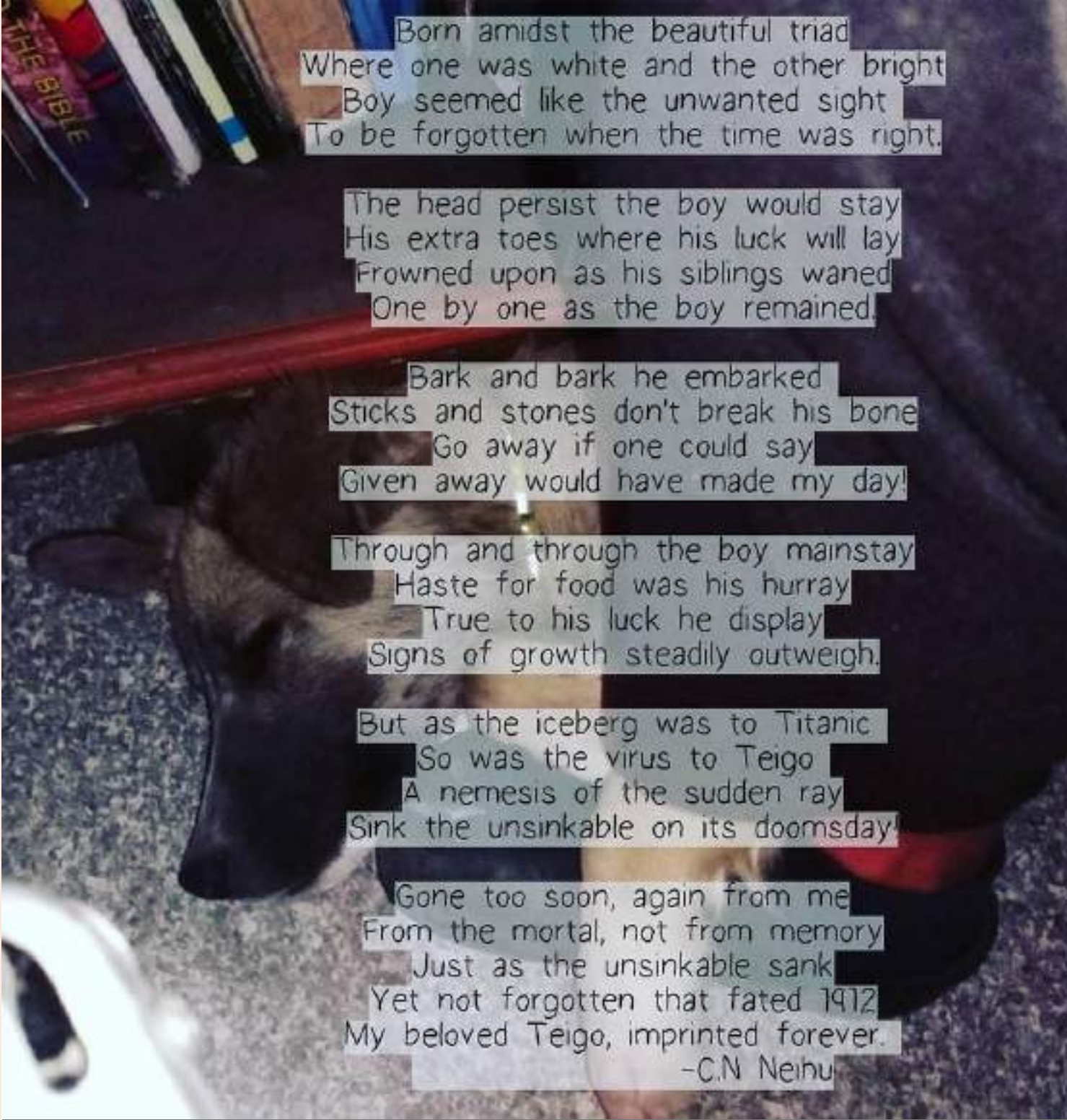
# Digital Art



Tomukan H. Yimchunger  
3rd Semester



# Parvo Overdoes Teigo



Born amidst the beautiful triad  
Where one was white and the other bright  
Boy seemed like the unwanted sight  
To be forgotten when the time was right.

The head persist the boy would stay  
His extra toes where his luck will lay  
Frowned upon as his siblings waned  
One by one as the boy remained.

Bark and bark he embarked  
Sticks and stones don't break his bone  
Go away if one could say  
Given away would have made my day!

Through and through the boy mainstay  
Haste for food was his hurray  
True to his luck he display  
Signs of growth steadily outweigh.

But as the iceberg was to Titanic  
So was the virus to Teigo  
A nemesis of the sudden ray  
Sink the unsinkable on its doomsday!

Gone too soon, again from me  
From the mortal, not from memory  
Just as the unsinkable sank  
Yet not forgotten that fated 1912  
My beloved Teigo, imprinted forever.  
-C.N Neihu

Chose Neihu  
1st Semester



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# ESSAY

## AD MELIORA- Towards Better Things

### Introduction

"Ad meliora et ad maiora semper", derived from the Latin language translates "Towards better and bigger things always". It is a form of greeting used normally to congratulate a person on his/her success and future successes. What initially comes to mind about this formal greeting is men's inherent desire to achieve success in life. Secondly, it brings out men's inclination towards his/her fellow beings, coexisting in a society for survival as well as acceptance. My own personal reflection on this theme will be grounded on certain qualities of human life that determine what is known to be "the better things" of life.

Society, an educated, civilized existence brought about as a result of countless generations of human lives, in search of higher and deeper meaning to life, today has reduced young and ignorant minds to perceive the "better" things in life as simply wealth, fame, beauty and knowledge. All these fall neatly in the category of Maslow's hierarchy of needs. While it is not wrong to say we desire such aspirations, it cannot replace the greater human values, that allows for deeper fulfilment to take place within. I would like to emphasize on some of these values in the following paragraphs:

First and foremost human value that stands out among the others is, humility. For a long time, I understood humility as a posture of lowering myself below dignity to service and mankind. It resulted in unnecessary hardships as a young person, oblivious to the consequences that would end up in a vicious cycle of comparison and judgment, towards those who did not appear to me as "humble". It can not go without mentioning that the real comprehension of the term

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**ESSAY**

dawned on me when I saw it being personified in the life of Jesus, and much more recent, in my own father's life. The Bible reveals to us that Jesus is fully God, in all His splendour, glory and wisdom; yet he 'was' also fully man, learning the ropes of carpentry, experiencing hunger and exhaustion, as any normal human of that time. The question now is, How is any of this relevant to what is being discussed? Perhaps it is this : that Jesus did not have to reveal to men about His nature as fully God in flesh and blood, but that He had to reveal it to men what it is to be human; fully forgiven, fully saved and made whole. And it is in the execution of this lifestyle He emulated that tells us greatness isn't in how high you go, but in how much you learn to "just be". That, is the essence of humility - to be completely, unashamedly yourself. It is higher and greater than selflessness, in that, selflessness can often be misconstrued as losing yourself. But, authentic humility empowers you to "become yourself".

Second, the value of self-discipline can not be understated in our quest for acquiring deeper things of life. As long as we are in bodily form, we are subjected to physical desires for comfort, be it food, shelter, warmth, approval, acceptance to mention a few. Self discipline goes beyond the physical and into the spiritual aspects of human being, an understanding of which can liberate the human spirit to inculcate higher qualities of joy, peace, self control and not just mere abstinence. A clear example to emphasize that outer success is not the most important pursuit can be seen from many successful personalities who take their own lives, because of the inability to deal with the inner turmoil.

Self discipline is not a means to attain greatness, but it is in fact, the outcome of inward maturity that subsequently leads one to greatness, because what is greatness in itself if one does not have the maturity to balance it. This is a quality I have found myself to be daily enduring.

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# ESSAY

Thirdly and finally, the value of freedom, something that is easily ignored when when one possesses it, yet in it's absence, we see strife and disturbance. The inscriptions on the war cemetery memorial stone, "For your tomorrow, we gave our today" carries a solemn truth that, freedom is actually not free. The recent incident at Oting village, Mon is a reminder that our freedom is borne out of bloodshed. How sad it is to witness once again that the shedding of innocent blood is the only time when the voice of a warring tribe is roused to hue and cry. The real battle is not won by mere brute force, but by understanding that freedom as our birth right is the ultimate truth. The search for progress and modernity should not ignore freedom as the core human value.

In conclusion, the three values highlighted above are some among many that add sweetness to success; a) humility, where we can learn to celebrate other people's success, b) discipline to enable one to deal with the highs and lows of life maturely, and c) freedom in our pursuit of it. Full attainment of success cannot be achieved without an initial success within.

So, I end with an exhortation to remind all of us to take root, even as the MITE institution provide us the equally important wings for our Ad Meliora.

"When our roots are deep, there is no reason to fear the wind."

- An African proverb

# ESSAY

## AD MELIORA- Towards Better Things

"Tough times never last, but tough people do"  
Robert H. Schuller.

Life is beautiful but not always easy, it has problems too. Lately, the world seems to be lurching from one crisis to another. We have experienced the Corona pandemic leading to dramatic changes on how we conduct our daily lives, economic uncertainty, political and social turmoil, as well as an array of natural disasters. Then, the news on fourteen (14) civilians been killed in the bigambush that took place at Oting village of Mon district of Nagaland followed by Conoor chopper crash leading to thirteen (13) deaths including Chief of Defence Staff General Bipin Rawat and his lady wife. Besides these, there are personal traumas that people are also dealing with, such as the loss of loved one, declining health, unemployment, divorce, violent crimes or accidents. For many, this is a time of unprecedented struggle and upheaval, but positive phrase like "Ad Meliora" – Towards better things brings forth a cloud of silver lining reminding us that difficult times always lead to better days, thus soothes the mind and fills our hearts with 'hope'.

"Ad Meliora" is a Latin phrase meaning "towards better things". It is normally used as part of a longer sentence 'Ad meliora et ad maiora semper' which is literally translated like "always" (semper), "towards better things" (Ad meliora) and "towards bigger things" (ad maiora). It is a way to congratulate to someone for a big success and wish him/her even bigger success in the future. Hence, I would like to take this platform as a great opportunity to congratulate everyone who survived through the Covid 19 pandemic and all those who have pulled through tough times in life.

## ESSAY

As I pondered further on the phrase "Ad Meliora"-Towards better things, I realized that the concept 'better things' can vary from person to person. We are each the sum of all of our experiences. That is why we are all unique-'just like everyone else'. As we gained those varied experiences, whether through education, work, or even relationships, things take on different meanings to each of us. Perceptions vary! For instance, if I ask you to think of a garden, the garden you picture in your mind will most certainly differ from the one I have in mind. Likewise, 'towards better things' would mean different things to different people belonging to different fields. For some, it would mean in the areas of their faith, love, right or wrong while to some it might mean success, happiness, wealth or status. Those are just the first few thoughts that cropped up in my mind, but if we ask to various people from around the globe, the responses would vary.

Pamela Adlon, the star and creator of the comedy TV show "Better Things" said, "Better things are about hope and love amid the darkness" and I couldn't agree more. We often complain of not having a good day, not being able to keep up with the pace of life, and not being happy. But if we only take a pause for a thought, then we can realize that each day is a new beginning and there are still lots of things to be grateful about- the love of our near and dear ones, a beautiful sunset, or a caring friend etc. Only when we start noticing the things to be grateful for, our perspective will be completely changed and we will start appreciating the gift of life which ultimately would motivate us towards achieving greater goals, becoming a better version of ourselves and move towards living a meaning life.

In turbulent times, it is common to feel powerless and helpless but maintaining a positive mindset is probably the most important things one can do in times of challenging situations. Making a list of all the



## ESSAY

things that we cannot control and giving ourselves permission to stop worrying about it and focusing on the actions that we can take will help us to persist through hardships and enable us to find smart solutions which eventually will lead us towards better things in life.

The world we live in is not perfect. In fact, life is full of challenges and obstacles but those who stand tall in front of their difficulties will be able to improve themselves and let their dreams come true. In contrast, those who are so focused only on their problems would be caught in the 'worry trap' and attract negativity towards them. Today, if we are one of those, "caught in the worry trap" and feels like there seems to be no solution, then let us learn a lesson from the nature – 'The transformation of caterpillars into butterflies'. The perfect epitome citing to us that there will be a better tomorrow; every struggle makes us stronger and teaches us to 'fly'. Thus improving oneself or moving towards better things means that we should constantly move beyond our comfort zone, stretch ourselves and challenge ourselves. It is easier said than done, but once we do that, we will come out as a beautiful winner.

We live in a fast changing world and what is current today may already be obsolete few years from now- for that reason, we need to improve, update, upgrade and adapt ourselves to the new plateau that awaits us. Too many people live in the world wishing for things to happen miraculously but there is no secret that, to be an improve version of oneself, one has to put in a lot of work because change is the result of efforts. If we put little or no effort in bettering ourselves then we would not be moving ahead towards achieving better things in life. Successful people developed themselves by working hard, planning ahead, setting goals and never procrastinating.

## ESSAY

The technological innovations have made our lives easier and advanced. The phones, cars, homes, planes and countless other things are all getting better year upon year but what about us? Are we still at the same level that we were before? Some people are still the same way as they were a decade ago with no major changes to one which is amazing but remaining the same will not help us to see the change we want to see, better life or things comes from becoming a better 'Self'. Only through action, personal development and true education can help us to reach our full potential. May we always seek ways to upgrade ourselves and scale up to newer heights of progress with each passing years. Let us not be afraid of taking risk, trying new things and exploring the unexplored opportunities and hit the ground with some of the best days of our life.

It is easy to get overwhelmed by frightening headlines or consumed by the crisis we face in our daily life. Sometimes, we tend to go weak and cannot stand the situation. Nevertheless each time we face such phase, let us make sure to remember that the present is just another window that is also about to shift to a newer one because life itself is a journey and time is nothing but a continuum. Tomorrow is an unexplored territory and there are better days coming. The valleys of today are the pathway to the mountains of success tomorrow.

Let us always dream big and hope for the best  
Because all of Heaven is dreaming big for us.

# FRESHERS' PROFILE

**AKUMYANGER LONGKUMER**  
**ROLL NO. 1**

"Ain't got no 1UPs in Life."



**AKAMO N. KIKON**  
**ROLL NO. 2**

"Aspire to inspire."



**BETOKA L. CHOPHY**  
**ROLL NO. 3**

"I keep playing because I don't want to get old. I'll get old when I stop playing."



# FRESHERS' PROFILE

**CHAMPA KONYAK M.**

**ROLL NO. 4**

"Be positive."



**CHOSE NEIHU**

**ROLL NO. 5**

"When you become the usual, you lose the unusual confidence!"



**DZIESESIETUO DZÜVICHÜ**

**ROLL NO. 6**

"Be water my friend."



# FRESHERS' PROFILE

**HIPITO ACHUMI**  
**ROLL NO. 7**

"Every child is born with new hope to discover new kingdoms."



**I. MUICHEM SANGTAM**  
**ROLL NO. 8**

"Stay humble."



**IMLINOCHET LONGKUMER**  
**ROLL NO. 9**

"Life is all about finding happiness in the little things. Like dwarves, those little guys cracks me up."





# FRESHERS' PROFILE

**KATEMMEREN**

**ROLL NO. 10**

"Vision without action is a daydream."



**KEDO KHATE**

**ROLL NO. 11**

"You can totally do this."



**KHROTSO KOZA**

**ROLL NO. 12**

"Every footstep counts."



# FRESHERS' PROFILE

**LHOUMEVIE**

**ROLL NO. 13**

"It doesn't matter how slowly you go, as long as you do not stop."



**LIMHATHUNG R. YANTHAN**

**ROLL NO. 14**

"Strive for higher attainment."



**MEYAWAPANG**

**ROLL NO. 15**

"Mottos are for losers. Just blink and breathe for no reason."



# FRESHERS' PROFILE

**NUZOTO VENYO**

**ROLL NO. 16**

"Struggle for pre-eminence."



**ROKOVITUO RINO**

**ROLL NO. 17**

"Do whatever you feel is right for you regardless of what others have to say about it. The only person who can live your life is you."



**RÜYANGULIE SEYIE**

**ROLL NO. 18**

"Unless one is disciplined, his ideas and vissions remains a dream."



# FRESHERS' PROFILE

**SETUOLIE THEÜNUO**  
**ROLL NO. 19**

"Believe in yourself, trust in your abilities, then you can overcome the world."



**THEJAPRALIE TALIE**  
**ROLL NO. 20**

"Life is too short to wait, keep going."



**THSAPONGKI SANGTAM**  
**ROLL NO. 21**

"Don't just be a student, be a learner."





# FRESHERS' PROFILE

**THSEPONG YIMCHUNGER**  
**ROLL NO. 22**

"Walk in the light, everyone will follow you, if you walk in the dark, even your shadow will stop following you."



**TOKEVI SWU**  
**ROLL NO. 23**

"Once you question your own beliefs, it's over."



**TOVI CHISHI**  
**ROLL NO. 24**

"Tomorrow is another day."





# FRESHERS' PROFILE

**VEMERI LASUH**

**ROLL NO. 25**

"Be yourself and stay humble. But never let the old flame burn you twice."



**VIRIE RATSA**

**ROLL NO. 26**

"Going where the wind blows."



**WAPANGTOSHI LONGKUMER**

**ROLL NO. 27**

"Never let your emotions overpower your intelligence."



# FRESHERS' PROFILE

**Y. M. DAVID KONYAK**

**ROLL NO. 29**

"Live everyday like it's your last day and be the best person you can be. Every day that passes is your last because you'll never get it back. It's your one chance of making memories on that particular day."



**Z. MUZUNGCHIM**

**YIMCHUNGER**

**ROLL NO. 30**

"Forgive and forget the past. Live life, love life."



**A. HANJILA**

**ROLL NO. 31**

"Darkness cannot drive out darkness, only light can do that. Hate cannot drive out hate, only love can do that."



# FRESHERS' PROFILE

**AKONO THAPRÜ**

**ROLL NO. 32**

"Hold the vision, no one is you and that is your power, keep going."



**ALEMLILA AIER**

**ROLL NO. 33**

"Just do the simple acts of love for yourself, and then your authentic self begins."



**ANITOLI SWU**

**ROLL NO. 34**

"Do good and good things will follow you."



# FRESHERS' PROFILE

**ANÜSALÜ**  
**ROLL NO. 35**

"Never put off until tomorrow what you can do today."



**ASHIHRII KAPEINI**  
**ROLL NO. 36**

"Do something everyday that will inch you closer to a better tomorrow."



**CHANGSOLA I.**  
**ROLL NO. 37**

"Be optimistic, you can conquer the world."





# FRESHERS' PROFILE

**CHOSEVOLÜ NYEKHA**  
**ROLL NO. 38**

"One step at a time."



**CHRISTINA KHING**  
**ROLL NO. 39**

"Follow your dreams they say, but if that does not work, just go with what life gives you. Maybe that's what God has planned for you."



**R. REBECCA KONYAK**  
**ROLL NO. 40**

"Cherish every moment."





# FRESHERS' PROFILE

**ELIZABETH ODYUO**

**ROLL NO. 41**

"You'll never get the same moment twice."



**ENEITU-U RHAKHO**

**ROLL NO. 42**

"Live with a grateful heart."



**HIJILE TEP**

**ROLL NO. 43**

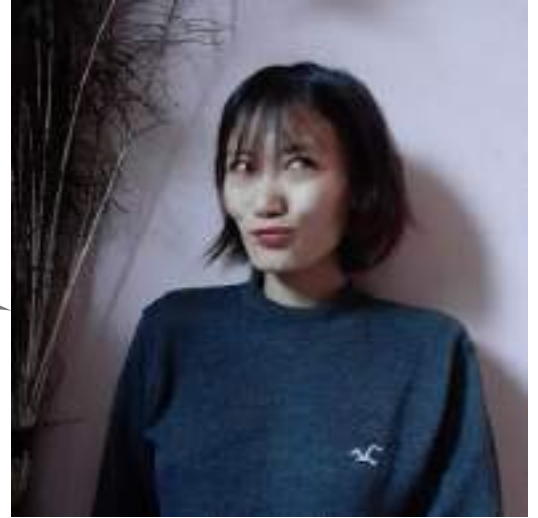
"If you cannot do great things, do small things in a great way."



# FRESHERS' PROFILE

**IMCHALEMLA LONGCHAR**  
**ROLL NO. 44**

"Don't share your motto."



**INNINGLUNGLE**  
**ROLL NO. 45**

"If God is for us who can be against us."



**JENENYA MAGH**  
**ROLL NO. 46**

"Do good and good will come to you."



# FRESHERS' PROFILE

**KEKHRIEENUO KHOUBVE**  
**ROLL NO. 47**

"Focus on growth rather than perfection."



**KENEINGUNUO KUOTSU**  
**ROLL NO. 48**

"Faith without work is dead."



**KENEISESI-Ü ROSALIND**  
**KESIEZIE**  
**ROLL NO. 49**

"Mind over matter."



# FRESHERS' PROFILE

**KEVILENUO MEPFHÜO**  
**ROLL NO. 50**

"We came with nothing. We'll leave with nothing. It's about what we do in between."



**KEVIMHIELEÜ DZÜVICHÜ**  
**ROLL NO. 51**

"When we love sincerely, all the rest of the things follow."



**KEVINGUNUO RÜPRE-O**  
**ROLL NO. 52**

"So in everything, do to others what you would have them do to you, for this sounds up the law and the Prophets."

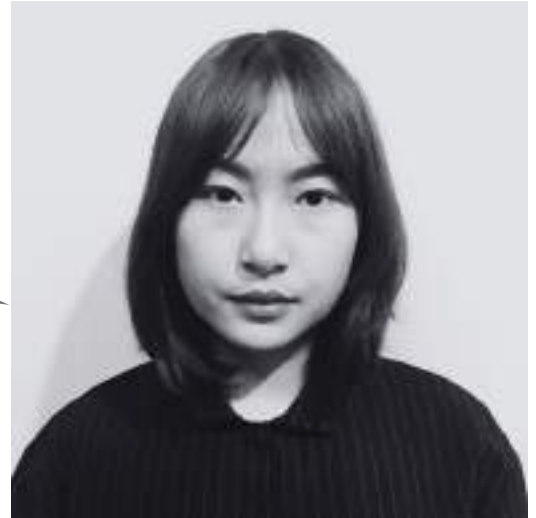




# FRESHERS' PROFILE

**KEVIPHRÜNUO KHEZHIE**  
**ROLL NO. 53**

"Protect your peace."



**KEVISENUO SOLIEZUO**  
**ROLL NO. 54**

"Life can be hard sometimes, have  
courage and never give up."



**KEZHASENUO SOLO**  
**ROLL NO. 55**

"He who has a why to live, can  
bear almost any how."





# FRESHERS' PROFILE

**KHONZANI SHITIRI**

**ROLL NO. 56**

"Be kind; you never know the battles others are fighting."



**L. YANGNYU**

**ROLL NO. 57**

"Be patient, be kind."



**LEMYING F. KONYAK**

**ROLL NO. 58**

"Make yourself a priority. At the end of the day, you're your longest commitment."



# FRESHERS' PROFILE

**LIBO X. SHOHE**

**ROLL NO. 59**

"Do all the good you can."



**LICHANG B. BUCHEM**

**ROLL NO. 60**

"Whatever you are, be a good one."



**LIKIVI Z. YEPHTO**

**ROLL NO. 61**

"Make it simple but significant."



# FRESHERS' PROFILE

**LOTHUNGBENI NGULLY**  
**ROLL NO. 62**

"The sun will rise and so we will try again."



**LÜSHÜNI PFOTE**  
**ROLL NO. 63**

"The more you give, the fuller you'll feel."



**M. AYING WALEM**  
**ROLL NO. 64**

"This too shall pass."



# FRESHERS' PROFILE

**MARÜNI KADETE**

**ROLL NO. 65**

"Just when the caterpillar thought the world was over, it become a butterfly." - Chuang Tzu



**MENGUBEINUO RIO**

**ROLL NO. 66**

"I can do all things through Christ who gives me strength."



**MENOKHRIENO TACÜ**

**ROLL NO. 67**

"You are the artist of your life. Don't hand the paintbrush to anyone else."





# FRESHERS' PROFILE

**MOASENLA T.**

**ROLL NO. 68**

"Abstain yourself from overthinking, believe in your instincts."



**MOIYOM K. KONYAK**

**ROLL NO. 69**

"You will never regret being kind."



**NEILHOUVONO LHOUSA**

**ROLL NO. 70**

"The power of thoughts can cause you either illness or recovery."





# FRESHERS' PROFILE

**NEITSHOPE-U ELAH**  
**ROLL NO. 71**

"Never stop believing that good things are coming."



**NEIZELO-U MERO**  
**ROLL NO. 72**

"Perseverance and integrity."



**NGAMSHON KONYAK**  
**ROLL NO. 73**

"Carpe Diem- You only live once."



# FRESHERS' PROFILE

**NOPHRENÜ THAPRÜ**

**ROLL NO. 74**

"Be good to everyone you meet."



**P. NGAPGANG**

**ROLL NO. 75**

"What others think about you is none of your business."



**P. PONGKHAO KONYAK**

**ROLL NO. 76**

"If you believe, you can achieve."



# FRESHERS' PROFILE

**P. YEISHON KONYAK**  
**ROLL NO. 77**

"Look at what you have in life,  
there is always much to be  
grateful for."



**PANGLIH KONYAK**  
**ROLL NO. 78**

"Leave no room for regrets."



**PHAMLONG L. KONYAK**  
**ROLL NO. 79**

"Trust your journey. No matter how  
many detours we take or delays we  
encounter, we will always be led  
back to where we're meant to be."



# FRESHERS' PROFILE

**PITOHOLI CHOPHI**  
**ROLL NO. 80**

"If you cannot do great things, do small things in a great way."



**PUTIMENLA KICHU**  
**ROLL NO. 81**

"Don't allow the past to keep you stuck. Learn from it, let go and move on."



**REBICA M. MURRY**  
**ROLL NO. 82**

"Treat others the way you would want to be treated."





# FRESHERS' PROFILE

**RESO A. YIMCHUNGER**  
**ROLL NO. 83**

"Choose to replace 'can't' with 'can'."



**RÜGUONUO TERHASE**  
**ROLL NO. 84**

"Go confidently in the direction of your dreams, live the life you have imagined."



**RÜÜVINO**  
**ROLL NO. 85**

"Yesterday is not ours to recover, but tomorrow is ours to win or lose."





# FRESHERS' PROFILE

**SAMZAIYILE**

**ROLL NO. 86**

"I've done it before and I can do it again."



**SARA**

**ROLL NO. 87**

"There's always tomorrow. Keep learning and keep growing. Thank God for what you have and trust in Him for what you need."



**SENJUMBENI P. KITHAN**

**ROLL NO. 88**

"Life is not a test where we need to prove ourselves. Just stay calm and take one step at a time."



# FRESHERS' PROFILE

**SHEJEANG L. KONYAK**  
**ROLL NO. 89**

"Pursue what is meaningful."



**SHEMYUNG E. PHOM**  
**ROLL NO. 90**

"Wherever life plans you, bloom with grace."



**SUNGDIYALA PONGEN**  
**ROLL NO. 91**

"If you believe and hope, you can achieve anything in life."



# FRESHERS' PROFILE

**THUNGCHOBENI R. TSOPOE**  
**ROLL NO. 92**

"Be a cat."



**V. VINI WOTSA**  
**ROLL NO. 93**

"Que sera sera."



**VECUSULU KEHYO**  
**ROLL. NO. 94**

"Never regret a day in your life.  
Good days give you happiness and  
bad days give you experience."



# FRESHERS' PROFILE

**VELU VENUH**

**ROLL NO. 95**

"Follow your inner compass."



**VERONICA SEMP**

**ROLL NO. 96**

"Eventually, everything connects."



**VIKIENÜ**

**ROLL NO. 97**

"Simplicity."





# FRESHERS' PROFILE

**VIPENI SWU**  
**ROLL NO. 98**

"Be kind."



**W. SANGKE**  
**ROLL NO. 99**

"Everyday is a second chance."



**YASHIKALA**  
**ROLL NO. 100**

"The moment you want to give up  
is the exact moment you need to  
keep going because that's where  
your strength lies."



# 9th Graduation Day

10th December, 2021

# PHOTO GALLERY





# Annual Literary Day

13th December, 2021

# PHOTO GALLERY





# Governing Body Meeting

29th January, 2022

PHOTO GALLERY



# Youth Orientation Programme on 'Atma Nirbhar Bharat'

7th February, 2022





# Awareness Programme on HIV, TB and Blood Donation

11th February, 2022

PHOTO GALLERY



## National Science Day

28th February, 2022



# Bracing the cold wave

Student- teachers

## PHOTO GALLERY







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